

March 14, 2020

### Rep. Howard Statement on Coronavirus *Resources for information.*

Dear friends, supporters, and constituents,

As a nurse, health educator and legislator, I am obviously concerned--not panicked, but concerned--about how to ensure my constituents have the best, most up-to-date information so that you can take care of yourselves, your families, and our community.

This is, of course, also personal to me as a mom, grandmother, wife of someone with compromised health, and as a daughter of parents in senior living facilities.

The good news is that there are a lot of smart, well-qualified people working on this. Our local government, health, and emergency entities are banding together to best determine the specific needs in our area and how best to address those needs. In order to make those determinations, they need accurate, actionable information. The State is working with local communities, including ours, but the absolute best response must come from citizens using that information to help flatten the curve of contraction so that our health care system is not overwhelmed and has more time to ramp up.

There is understandably a lot of anxiety and stress surrounding the pandemic and recommended responses will be hard for many of us to put in place. **But we're Texans. We can do hard.** And we also know how to help our neighbors who need our assistance. We just need to pay attention, remain informed, and keep our social distance while not allowing our family and friends to become isolated. **We still have time to save lives.** We can do this.

If you have any questions, please feel free to reach out via social media or by emailing my office at [donna.howard@house.texas.gov](mailto:donna.howard@house.texas.gov).

Yours in service,

  
Rep. Donna Howard

*Below are some trusted links to regularly updated information and resources:*

- State/Federal
  - [CDC](https://www.cdc.gov/coronavirus/2019-ncov/index.html) - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - [State of Texas](https://www.dshs.state.tx.us/coronavirus/) - <https://www.dshs.state.tx.us/coronavirus/>
- Local
  - [Travis County](https://traviscountytexas.gov/news/2020/1945-novel-coronavirus-covid-19-information) - <https://traviscountytexas.gov/news/2020/1945-novel-coronavirus-covid-19-information>
  - [City of Austin](http://www.austintexas.gov/COVID19) - <http://www.austintexas.gov/COVID19>
- Healthcare Providers
  - <https://www.tha.org/COVID-19>
  - <https://www.texaschildrenscoronavirus.org/>
  - <https://www.tachc.org/programs-services/emergency-management1/covid-19>